



All Star Competition Teams

***2024-2025 SEASON USASF AGES ARE BIRTH YEARS:**

Tiny - 2019-2017

Mini - 2016-2014

Youth - 2013-2011

Junior - 2010-2008

Senior - 2007-6/1/2005

*The age grid that we will follow per USASF rules are above. Please have your dancer show up to the tryout time below to the age they fall under above. Coaches may request that your dancer come to the next age group's tryout after their day of tryouts. There are crossover ages, but use the age grid above to determine what day you come to tryouts please.

AGE REQUIREMENTS: The USASF recognizes the concern with fielding teams of a broad age range and highly recommends that individual programs be vigilant in monitoring participants of various ages on the same team and that, whenever possible, a team's composition is made up of participants of similar ages.

*Classes will be 1 to 2 hours twice a week for all teams during the regular season, Seniors will practice three times a week after SD high school sanction season is over.

* Ballet and Technique class during the regular season is required for the 2024-25 season for Mini, Youth, Junior and Senior levels– this helps prevent injuries, helps improve overall strength needed for technical skills, and works the technical skills coaches sometimes don't have time to do in team practices. We will do our best to make them coincide with one of their team nights to make it part of their warm up and stretching prior to a team class. Tiny's will be required to take Ballet along with team classes during the regular season.

*Summer - All level of team members are required to take ballet, technique & stretching & strengthening during the 6 week summer session. Dancers must attend a minimum of 6 ballet classes and 10 technique & stretching & strengthening classes. All levels except Tiny's will be expected to take twice a week this summer regardless if you are a crossover or not. If you have to miss one week, you must double up on another week to get your minimum classes in. You will be allowed zero ballet absences (so you must make up on a different day) and you will be allowed to miss two S&S&T classes during the 6 weeks. Summer is a total of 12 weeks from end of Recital to team starting on August 12th. We are only asking for 6 of those weeks to be prioritized to dance two days a week.

*Regular season tuition is \$200.00 per month for Seniors, \$185.00 per month for Youth & Junior All Stars and \$165.00 per month for Mini All Stars. This includes all Competition Team classes, Ballet and Technique, everything that is required. Tiny All Stars monthly tuition is \$125.00 which includes team classes and ballet. If your dancer is chosen to be on two teams, the cost per month for the 2nd team is \$75/month for all three dances, if they are a crossover on less than three routines, Melissa will email you the cost.

*You will be required to purchase three (Seniors 4-5) costumes, a set of poms, 1-2 pairs of dance shoes, tights, hair accessories, makeup. These statements will come out at the end of August, beginning of September. Some All Star costumes tend to run higher in price, because they are custom made.

*Each dancer is required to purchase a warm-up jacket. We will be purchasing the same warm-up jackets (LuLu and MoveU) as last year, so you will not need to purchase new if you purchased one last year.

*There will be choreography fees for each routine (Jazz, Pom, Lyrical) in the summer months, they can run anywhere between \$200-\$800 (less for Tiny team) total depending on the number of girls on the team and the choreographer hired. Seniors will have an added expense in the months leading up to worlds when we bring back choreographers to work on our pieces.

*You are required to be at the choreography sessions. If you cannot make the choreography sessions, you will not be able to be a competition team member, unless prior arrangements are made. These sessions are **extremely** important. Most of our choreographers come from out of town and can only come once for the session. Choreography sessions will be in the months of June-August.

*There are competition fees for every competition that we attend for each dancer anywhere from \$30 to \$250 per competition for team fees, solos and duets are more. These fees are paid with your competition fee schedule which is July-November. **Please see parent contract.**

*Competition Schedule will come out in late August, early September. Tinys/Minis will attend 6-7 competitions, Youth will attend 7-8 competitions, Juniors and Seniors will attend 8-9 competitions.

*Students can not miss more than 8 practices during the year or they will be removed from the team. We definitely look at attendance when choosing teams, and definitely if we want to include you on two teams. If you have attendance problems with one team, then we will not consider you to be on two teams.

***Students can not miss a competition** and are only allowed to miss one other performance (ex. basketball game) or they will be removed from the team.

***Youth/Junior/Senior All Stars must be evaluated (tryout) for placement:**

Monday, May 20th – Youth 5:00-8:00 PM

Tuesday, May 21st – Junior 5:00-8:00 PM

Wednesday, May 22nd – Senior 5:00-8:00 PM

***Please do not come to a try out time that is older than the birth year listed above**

*Please come at least 15 minutes prior to your tryout time to sign in and warm up and stretch

*Parent Contracts also need to be signed and turned in first day of summer session.

*We ask that you wear appropriate dance attire, dance shoes, and hair pulled back. This is an audition.

***Tiny and Mini All Stars do not have to try out, however you need to sign up by June 1st if you would like to participate on the 2024-25 Tiny or Mini All Star Team. We need to know team number for choreography in the summer.**

***Youth/Junior/Senior dancers must sign up to tryout out by May 16th. We need to know if we need to extend the tryout time if we have too many dancers coming to evaluations.**

COMPETITION TEAM
SOLOS/DUETS

***SOLO/DUETS** - You must be an All Star team member in order to do a solo/duet. Tiny All Star members will not be allowed to do a solo the first season. We want to get them acclimated to a more serious team and environment before allowing solos. Mini and Youth age will only be allowed to do either a solo or duet not both. Please be aware of all the costs involved with doing an “extra” routine. Choreography cost is between \$300-\$600 for a solo, little less per person for a duet, costume cost, competition costs are between \$45-\$150 per competition, and practice cost. Please think about “why” you want to do a solo or duet. The instructors do not want to discourage anyone from doing solos or duets, however if your dancer is not quite ready for a solo in their particular age division, and they are doing it just to “win a trophy”, Melissa feels with all the expense involved it would be more worthwhile taking an extra class to prepare your dancer better for the future or just doing privates to focus on technique. **MISS MELISSA STRONGLY ENCOURAGES TAKING ADVANTAGE OF DOING PRIVATES OVER A SOLO, IF THE EXTRA PRACTICE TIME IS WHAT THEY ARE LOOKING FOR. SOLOS/SMALL GROUPS WILL WORK THE SAME WAY THEY DID IN PRIOR SEASONS– ALL SOLOS/SMALL GROUPS WILL BE REQUIRED TO MEET WITH AN INSTRUCTOR EVERY OTHER WEEK. COST 2024-25 SEASON - 30 MINUTE PRACTICE TIMES/COST IS \$30 PER 30 MINUTES FOR SOLOS, AND \$20 PER PERSON FOR A SMALL GROUP. IF YOU DO NOT MEET WITH AN INSTRUCTOR AS INSTRUCTED ABOVE, YOU WILL NOT BE SIGNED UP FOR TO COMPETE AT COMPETITIONS UNDER 5678! DANCE STUDIO.** If you are representing 5678! Dance Studio, practice is a must if you want to do a solo/small group.